



somerset
carers
part of CCS

Support & Advice for Carers

Who cares for the carers? We do.

Caring for another person is very rewarding, but can be overwhelming and lonely at times.

If you regularly look after someone in an unpaid, caring capacity, Somerset Carers can support you with advice and guidance.



Advice Line: 0800 31 68 600

Text: 'Carer' to 78070

carers@somersetccc.org.uk

www.somersetcarers.org



CCS
people - place - enterprise

In Partnership with:



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