



somerset  
carers  
part of CCS

# CARERS GROUPS

*in Somerset*

## MENDIP

*Carers Groups*

Managed by **SPARK**  
**SOMERSET**  
INSPIRING COMMUNITIES

### WHERE?

**Wells**  
Bishop's Palace  
Meeting rooms near the café

### WHEN?

2nd Friday of the month  
11am to 12.30pm

### WHO DO I CONTACT?

**Bridget** 01749 670667  
info@headsupsomerset.org.uk

**Wells**  
The Swan Hotel

4th Wednesday of the month  
10am to 11.30am

**Bridget** 01749 670667  
info@headsupsomerset.org.uk

**Glastonbury**  
St John the Baptist  
Church  
BA6 9DR

3rd Monday of the month  
10.30am to 12 noon  
Bring who you care for and chat to all  
the volunteers and friends

**Cath Holloway** 07951 944420  
cath.holloway@sparksomerset.org.uk

**Frome**  
Cricket Ground

1st Wednesday of the month  
10.30am to 12.30pm

**Tricia** 01373 301369  
Christiner.smith@blueyounder.co.uk

**Street**  
The Crispin Centre  
BA16 0EZ

2nd Monday of the month  
10.30am to 12.00 noon  
Carers and ex carers welcome

**Cath Holloway** 07951 944420  
cath.holloway@sparksomerset.org.uk

## SEDGEMOOR

*Carers Groups*

### WHERE?

**Bridgwater**  
The Hub Angel Place  
Shopping centre

### WHEN?

Every Monday  
1pm to 3pm  
Volunteer attends every 3rd Monday  
of the month. Cared for welcome.

### WHO DO I CONTACT?

**Cath Holloway** 07951 944420  
cath.holloway@sparksomerset.org.uk

**Burnham on Sea**  
Community Centre  
TA8 2ET

4th Tuesday of the month  
10am to 11.30am

**Cath Holloway** 07951 944420  
Burnhamcarers@outlook.com

**MORE**  
*information*

[HTTPS://SOMERSECARERS.ORG/CARERS-GROUPS/](https://somersecarers.org/carers-groups/)

# SOUTH SOMERSET

## Carers Groups



### WHERE?

**Castle Cary**  
The Shambles,  
Market House

### WHEN?

**1st Thursday of the month**  
10.30am to 12 noon

### WHO DO I CONTACT?

**Florence Mills** 01963 359081 /  
fliss1938@icloud.com  
**Ruth Metherell** 01963 359329

**Keinton Mandeville**  
Village Hall

**1st Wednesday of the month**  
11am to 12.30pm  
Activities for the person you care for.

**Jane Tomkins** 01963 350210  
Jane.carers@outlook.com

**Martock**  
The George Coffee  
Shop

**1st Thursday of the month**  
10.30am to 12 noon

**Jacky Reed** Jacky.reed@talktalk.net

**Crewkerne**  
Henhayes Centre  
South Street, TA18 8DA  
Main Crewkerne Car park

**3rd Thursday of the month**  
2pm to 3.30pm  
New group with flexercise session  
for your cared for in adjoining room.

**Jacky Reed** Jacky.reed@talktalk.net

**Yeovil**  
Café @ Westlands  
Entertainment Centre

**2nd Tuesday of the month**  
11am to 12.30pm  
Activity session for your cared for  
whilst you join the group.

**Carole Lade** lade7@icloud.com  
**Cath Holloway** 07951 944420  
cath.holloway@sparksomerset.org.uk

**Chard**  
English Martyrs Church  
Hall  
2 East Street

**2nd Monday of the month**  
10.30am to 12.30pm

**Pat Galpin** 01460 220026  
**Kate** 01460 394331  
chardcarers@aol.com

**Ilminster**  
Monks Yard (upstairs)

**3rd Thursday of the month**  
1pm to 2.30pm  
Join for lunch, contact Alison first.

**Alison Birket** 01935 427825 /  
07774 231996  
a.birket@btinternet.com

**Wincanton and Bruton**  
Balsam Centre  
Use Memorial Hall free carpark

**2nd Monday of the Month**  
2pm to 3.30pm  
Activity session for your cared for  
whilst you join the group.

**Gwen Venturs**  
**Cath Holloway** 07951 944420  
cath.holloway@sparksomerset.org.uk

**Langport**  
The Bridge Bakery Cafe  
TA10 9RB

**4th Wednesday of the month**  
2pm to 3.30pm

**Cath Holloway** 07951 944420  
cath.holloway@sparksomerset.org.uk

**South Petherton**  
St Peter & St Paul's Church

**3rd Wednesday of the month**  
11.15am to 12.30pm

**Cath Holloway** 07951 944420  
cath.holloway@sparksomerset.org.uk

**MORE**  
information

[HTTPS://SOMERSECARERS.ORG/CARERS-GROUPS/](https://somersecarers.org/carers-groups/)

**IMPORTANT!**

Please make contact with the leader before attending in case of any schedule changes, and so the leader can look out for you to give a warm welcome. Carers can join any and as many groups as they wish as they all have a slightly different offer.



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# WEST SOMERSET

## *Carers Groups*

### WHERE?

Dulverton  
Exmoor Medical Centre

### WHEN?

2nd Thursday of the month  
1.30pm to 3pm from March '23

### WHO DO I CONTACT?

Cath Holloway 07951 944420  
cath.holloway@sparksomerset.org.uk

### WHERE?

Minehead  
Old Hospital  
The Avenue, TA24 5AY

2nd Thursday of the month  
10am to 12 noon

Wayne Stokes 01823 331222  
waynes@somersetccc.org.uk

# TAUNTON AREA

## *Carers Groups*

### WHERE?

Wellington  
The Iron Duke  
Town centre

### WHEN?

1st Monday of every month  
10.30am to 12 noon  
Your cared for may attend if needed.

### WHO DO I CONTACT?

Cath Holloway 07951 944420  
cath.holloway@sparksomerset.org.uk

### WHERE?

Taunton  
Wellsprings Church  
Quantock Rd, Taunton TA2 7NL

1st Tuesday of the month  
11am to 12.30pm

Not running at present, Talking Cafe at Wellsprings Church available for support & information, every Tuesday 10.30am-12.30pm.



**SPARK  
SOMERSET**  
INSPIRING COMMUNITIES

# ONLINE ZOOM

## *Carers Groups*

7pm

Fourth Tuesday of the month

Register here:

<https://somersectcarers.org/carers-groups/>

and click the blue 'Register' button