



somerset
carers
part of CCS

CARERS GROUPS

in Somerset

Meet other carers for mutual support and friendship at one of the many groups running across Somerset. Some groups offer activities for the person you care for whilst you join the group. Please contact the organiser before going along in case of schedule changes.

MENDIP

Carers Groups

Managed by **SPARK**
SOMERSET
INSPIRING COMMUNITIES

WHERE?

WHEN?

WHO DO I CONTACT?

Frome Cricket Ground	1st Wednesday of the month 10.30am to 12.30pm	Tricia 01373 301369 Christiner.smith@blueyonder.co.uk
Glastonbury St John the Baptist Church BA6 9DR	3rd Monday of the month 10.30am to 12 noon Bring the person you care for.	Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk
Shepton Mallet Shepton Brasserie 66 High St, BA4 5AS	2nd Wednesday of the month 2pm - 3.30pm	Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk
Street The Crispin Centre BA16 0HP	2nd Monday of the month 10.30am to 12.00 noon Carers and ex carers welcome	Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk
Wells Bishop's Palace Meeting rooms near the café	2nd Friday of the month 11am to 12.30pm	Bridget 01749 670667 info@headsupsomerset.org.uk

SEDGEMOOR

Carers Groups

WHERE?

WHEN?

WHO DO I CONTACT?

Axbridge Axbridge Town Hall	4th Monday of the month 2pm - 3.30pm	Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk
Burnham on Sea Waffle Hub Methodist Church 35A College St, TA8 1AS	4th Tuesday of the month 10am to 11.30am	Cath Holloway 07951 944420 Burnhamcarers@outlook.com

MORE
information

[HTTPS://SOMERSECARERS.ORG/CARERS-GROUPS/](https://somersecarers.org/carers-groups/)

WHERE?

WHEN?

WHO DO I CONTACT?

<p>Castle Cary The Shambles, Market House</p>	<p>1st Thursday of the month 10.30am to 12 noon</p>	<p>Florence Mills 01963 359081 / fliss1938@icloud.com Ruth Metherell 01963 359329</p>
<p>Keinton Mandeville Village Hall</p>	<p>1st Wednesday of the month 11am to 12.30pm Activities for the person you care for.</p>	<p>Jane Tomkins 01963 350210 Jane.carers@outlook.com</p>
<p>Martock The Rose and Crown East Lambrook</p>	<p>3rd Thursday of the month 10.30am to 12 noon</p>	<p>Ewelina Zielinska ewelina.zielinska1@nhs.net Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk</p>
<p>Crewkerne Henhayes Centre South Street, TA18 8DA Main Crewkerne Car park</p>	<p>3rd Thursday of the month 2pm to 3.30pm Flexercise session for your cared for in adjoining room.</p>	<p>Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk</p>
<p>Yeovil Café @ Westlands Entertainment Centre</p>	<p>2nd Tuesday of the month 10.30am to 12 noon Activity session for your cared for whilst you join the group.</p>	<p>Carole Lade lade7@icloud.com Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk</p>
<p>Chard English Martyrs Church Hall 2 East Street</p>	<p>2nd Monday of the month 10.30am to 12.30pm</p>	<p>Pat Galpin 01460 220026 Kate 01460 394331 chardcarers@aol.com</p>
<p>Ilminster Monks Yard Upstairs, lift available</p>	<p>3rd Thursday of the month 1pm to 2.30pm Join for lunch, contact Alison first.</p>	<p>Alison Birket 01935 427825 / 07774 231996 a.birket@btinternet.com</p>
<p>Wincanton and Bruton The River Cale Cafe The Recreation Ground, BA9 9ED</p>	<p>2nd Tuesday of the month 2pm to 3.30pm</p>	<p>Gwen Venters 07732 145684 Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk</p>
<p>Langport The Bridge Bakery Cafe TA10 9RB</p>	<p>4th Wednesday of the month 2pm to 3.30pm</p>	<p>Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk</p>
<p>South Petherton St Peter & St Paul's Church</p>	<p>3rd Wednesday of the month 11.00am to 12.30pm</p>	<p>Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk</p>

IMPORTANT!

Please make contact with the leader before attending in case of any schedule changes, and so the leader can look out for you to give a warm welcome. Carers can join any and as many groups as they wish as they all have a slightly different offer.



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WEST SOMERSET

Carers Groups

WHERE?

Dulverton
Exmoor Medical Centre

WHEN?

2nd Thursday of the month
1.30pm to 3pm

WHO DO I CONTACT?

Cath Holloway 07951 944420
cath.holloway@sparksomerset.org.uk

Minehead
The Beach Hotel

2nd Thursday of the month
10am to 12 noon

Wayne Stokes 01823 331222
waynes@somersetccc.org.uk

Wiveliscombe
Community Centre

3rd Wednesday of the month
2.30pm to 4pm (from Sept 23)

Cath Holloway 07951 944420
Tamzin Jones 07508 331661
cath.holloway@sparksomerset.org.uk
co-ordinator@wiveycares.net

TAUNTON AREA

Carers Groups

WHERE?

Creech St Michael
Baptist Church downstairs

WHEN?

3rd Friday of every month
10.30am to 12 noon

WHO DO I CONTACT?

Cath Holloway 07951 944420
creechcarers@outlook.com

Taunton
Mikey's Cafe, St Michael's

1st Friday of every month
10am to 11.30am

Cath Holloway 07951 944420
cath.holloway@sparksomerset.org.uk

Wellington
The Iron Duke
Town centre

1st Monday of every month
10.30am to 12 noon
Your cared for may attend if needed.

Cath Holloway 07951 944420
cath.holloway@sparksomerset.org.uk



**SPARK
SOMERSET**
INSPIRING COMMUNITIES

ONLINE ZOOM

Carers Groups

Carers group: 7pm – fourth Tuesday of the month

Parent carers of adult children: 10am – fourth Friday of the month

Register here:

<https://somerseccarers.org/carers-groups/>

and click the blue 'Register' button

This document was last updated on 1/9/23 [CLICK HERE](#) for latest version